



**SIERRA MOUNTAIN MUSIC CAMP**  
**Choirs & Orchestra**  
**Children's Resident Summer Camp**  
(A California Non-Profit Corporation)  
**P. O. Box 2881**  
**Rancho Cordova, CA 95741**  
**916-967-SONG (7664)**  
Federal Tax I.D. #20-3763682  
[www.iSMC.com](http://www.iSMC.com)

## Sierra Mountain Music Camp Summer 2010

**WHAT TO BRING (Gear List)** *All belongings MUST be labeled with entire camper's name & phone number.* The following is a check off list that may be helpful.

### **Required:** (with recommended quantities):

- Sack lunch for first day! Our first meal together will be dinner on Sunday night.
- 1 set bed linens or sleeping bag, and pillow, extra blanket optional. (Camp provides bunk beds with a mattress. Each camper must bring their own sleeping equipment.)
- Duffel bag/suitcase (No paper or plastic bags! Camp has no drawers, lockers, etc.)
- 1 dozen gallon size Ziploc bags (to contain wet clothes, leaking toiletries, etc.)
- 1 – 2 black garbage bags (for separating dirty laundry in your suitcase)
- Water bottle or a canteen. (Especially for singers!) Dehydration is possible at high elevations and causes flu-like symptoms, headaches, nausea, fever, etc. Remind your camper to bring a water bottle & drink plenty of water DAILY. High elevations tend to be drier & singers need to keep their throats moist. Please put your names on your bottles. Small water bottles will be on sale at the camp store, though supplies are limited.
- 1 or 2 pairs of sleeping clothes or pajamas
- 1 ea flashlight & spare bulb, spare set of batteries (a MUST)
- 2-3 pairs of casual shoes (minimum 2) OLD tennis shoes or boots recommended – camp is very DUSTY, sandals are NOT recommended except as pool/shower shoes.
- 5-6 shirts/t-shirts see Rules Policy regarding the dress code for guidance
- 5-7 sets underclothes & socks
- 2-3 pairs of shorts (see Rules Policy regarding the dress code for guidance)
- 2-3 pairs of jeans/Long pants
- 2-3 sweatshirts or long sleeve shirts
- 1 jacket/windbreaker (the Sierras can be quite cool after sundown!)
- 1 hat or cap
- Poncho or rain gear
- 1 pair of sunglasses & sunscreen
- 1 bottle of mosquito repellent (lotion, cream or spray) WITH DEET!
- 1 set toiletries - shampoo, conditioner, soap, toothpaste, toothbrush, deodorant, any personal hygiene items, makeup, skin care products, etc. (toilet tissue is provided by camp)
- 1 comb/brush/hair spray
- Chapstick, Carmex, or lip balm – we get lots of chapped lips up there!
- 1-2 box/6 pack Kleenex or handkerchiefs
- 1-2 bath towels & wash cloths
- Travel alarm clock or sports watch with alarm (water resistant recommended)
- Any required medications – These will be given to Medical Director on first day of camp.
- Pencils! #2 pencils to mark your music, paper, stamps, envelopes, postcards

### **Instrumentalists:**

- Instrument & instrument doubles
- Folding music stand
- Extra strings, extra reeds, rosin, clothespins (to clip music to stands), Fiddle Brite, polishing cloths & chin cloth or sponge.

### **Optional:**

- 1 ea Beach Towel/Swim Suit (required for swimming)
- 1 pr Beach/Swimming footwear (required for swimming)
- Camera (inexpensive "disposable" type recommended), extra film/memory cards, batteries & flash for regular types
- Costumes or crazy clothes (for skit night, talent show, etc.)
- Any necessary item (instrument, music, sheet music, accessory, costumes, etc.) for talent night
- DO bring your own instrument.
- Art supplies – colored pencils, marking pens, watercolor set, rubber gloves, Crayons, pad of paper, etc.
- Journal or diary
- A whistle – preferably sports type

OVER

- ✓ **DO** wear footwear at all times & **DO** bring shoes appropriate for the activity: comfortable shoes or boots for hiking, shower shoes, waters shoes for swimming/water activities, casual shoes for rehearsals, walking around camp & trips at night (the path to the restroom *is not* carpeted!), and dress shoes for Sunday's concert. Going bare foot is **NOT** permitted at any time – ***DON'T be the one whose foot injury or infection ruins your whole week.***
- ✓ **Mail** – Campers love to receive mail. You can write to your camper, just be sure to write early to avoid delay in delivery. In the left bottom corner, put the dates your camper will be in camp.

**Packages of forgotten necessary items, "Care Packages" & camper mail may be sent to:**

Camper Name, (and Cabin number or counselor name, if you know it)  
 Sierra Mountain Music Camp  
 c/o Diamond Arrow Christian Conference Center  
 15742 North Bloomfield Rd,  
 Nevada City, CA 95959

In the left bottom corner write: ***"SMMC - June 20– June 26, 2010"***

**WHAT NOT TO BRING!**

- ⊗ **DO NOT** bring shirts or other attire displaying explicit or suggestive messages or innuendoes of a sexual, political, religious, ethnic or controversial nature.
- ⊗ **DO NOT** bring bare midriff shirts, halter-tops or tube tops, spaghetti straps or see-thru tops, cut-off shorts, short-shorts or micro-mini skirts. Tank tops must have straps 2 fingers width minimum (at least 1 ½ inches wide). Campers will be expected to change attire at staff request if attire is deemed inappropriate.
- ⊗ **DO NOT** bring/wear extreme, inappropriate bikinis, thongs or swimming suits.
- ⊗ **DO NOT bring anything irreplaceable** - expensive or sentimental jewelry, yearbooks, etc.
- ⊗ **DO NOT** bring knives, weapons, firearms, drugs, alcohol, pornography, or tobacco of any kind. Any contraband found will be confiscated & the camper may be sent home forfeiting all camp fees.
- ⊗ **DO NOT bring ANY electronic devices** – cell phones, TV sets, video games, laptop computers, PDAs, Blackberries, radios, stereos, iPods, MP3 players, tape or disc players, etc. **All such items will be confiscated & held by the administrator until the END of camp.** ONLY counselors may bring stereos, to be stored with the Activities Director when not being used for an approved activity. **No music in cabins after 10 p.m.**

**Music. Life. Friendship.**  
**[www.iSMMC.com](http://www.iSMMC.com)**

**KEEP THIS PAGE**