



Sierra Mountain Music Camp
Choirs & Orchestra
Children's Resident Summer Camp
(A California Non-Profit Corporation)
P. O. Box 2881
Rancho Cordova, CA 95741
916-967-SONG(7664)
Federal Tax I.D. #20-3763682
www.iSMC.com

CAMP RULES, POLICY & ASSUMPTION OF RISK CONTRACT

SIERRA MOUNTAIN MUSIC CAMP is a non-profit program designed to benefit children musically & inspirationally. **SMMC** is not a commercial entrepreneurial enterprise. Camp needs & welcomes all parental assistance. The camp staff members are highly qualified, uniquely dedicated, carefully selected & screened professionals. Equally qualified parents & adult volunteers assist us as Medical Director, with accounting tasks, crafts, sports, & activities, etc.

* **SIERRA MOUNTAIN MUSIC CAMP** does not discriminate on the basis of race, color, creed, national origin, sex, or physical disability in its admissions, financial aid, educational programs, activities or employment policies.

Please read Camp Policy, **SIGN & RETURN** Contract/Assumption of Risk form along with Registration form, Emergency Medical Form & tuition balance, no later than June 1, 2010 to guarantee a T-shirt, photo, concert tickets, sheet music & DVD.

RATIO: Campers are typically placed in cabin groups of 1 - 2 counselors to 6 - 7 campers by age & gender, & prior friendship, where advisable. Each cabin is staffed with carefully chosen cabin counselors. Our staffing ratio is approximately 1 to 4; however effective, camp supervision is unlike home. It is dependent on a degree of regimentation & discipline. **Therefore it is essential that parents review & explain our policies & rules to their children & obtain their written agreement & commitment to them in order to participate.**

1. **General Policy** – To insure your child's safety & well being, it is imperative that **adult staff and counselors** be informed of a camper's whereabouts at all times. Strict adherence to the schedule is expected. **NO** camper may be in a cabin or rehearsal hall unattended. **Leaving the grounds, skipping rehearsal without permission or other behavioral problems may result in dismissal from camp**, forfeiture of fees paid & the necessity of a parent to arrange for a camper's transportation home.
2. **Discipline Policy** – We have implemented the following discipline policy. The first line supervisors of behavior & cooperation are:
 - i. The music directors
 - ii. The area supervisors during Recreation or Activity periods.
 - iii. The counselors
 - iv. **Any** SMMC or Diamond Arrow staff member witnessing inappropriate behavior.

If any of these first line supervisors has concerns regarding behavior or difficulties in getting a camper's cooperation while at camp, the camper will be referred to the Activities Director. Upon referral, the Activities Director will implement the following:

1st Referral: Camper must give up part of his/her next activity period to meet with the Activities Director to discuss & correct the problems.

2nd Referral: Camper must give up an entire activity period under Activities Director's supervision. A call will go home to notify the parent that we have had at least 3 different instances of inappropriate behavior or lack of cooperation & respect.

3rd Referral: Camper's parents are notified that he or she must be picked up. Camper remains under Activities Director or Medical Director's supervision until a parent arrives. Campers sent home might not be allowed to return to camp next year.

Any serious breach of respect and cooperation can result in an immediate call home.

3. **Camp Rules**
 - **Contraband** – **Zero tolerance policy** for tobacco, alcohol, or drugs. The camp nurse will distribute all prescription or over-the-counter medication & vitamins or food supplements.
 - **Respect for Peers** – It is the very nature of our week together to be respectful and supportive of each

other's individuality. Harassment of any kind (physical, sexual, teasing) is completely opposed to our camp culture. Cursing and foul language, *as well as graphic talk*, has no place in the rich musical environment we will create together. Tolerance of different cultures, ethnicities & religions, etc. is expected.

- **Respect for Staff** – Our staff always has as its primary directive to do what is best for all the campers and for the program we're creating. All staff decisions must be respected. This respect should be extended to facility staff also.
 - **Respect for Property** – Tampering with instruments or belongings, theft, or graffiti will result in an immediate call home. Restitution for deliberate or negligent destruction or misuse of property will be expected.
 - **Respect for Environment** – Campers are expected to behave responsibly toward the campsite. Littering or defacing any part of the camp property or environment is prohibited. Teasing, feeding or handling animals, or destroying protected plant species is prohibited.
 - **Dress Code** – We enforce a dress code similar to public schools. Please display modesty. **Tank top straps** need to be at least 1 ½ inches or 2 fingers wide. Bare midriff shirts, halter-tops or tube tops, spaghetti straps or see-thru tops, uncovered camisoles (may be worn with a modest blouse over it), cut-off shorts, short-shorts, and micro-mini skirts must not be packed or worn. Bathing suits are to be worn at the pool only. **NO** T-shirts, jackets, etc. endorsing sex, drugs or violence. Campers are expected to change inappropriate attire at staff request.
 - **Sleep** – We have a full schedule & an early reveille, which means that campers must go to bed on time. For their own welfare & enjoyment, campers must remain in their cabins after 10:30 p.m. **NO** late night raids, etc.
 - **Valuables** – Staff cannot be responsible for camper's personal items. Please do not bring cash or expensive items to camp, (i.e. cameras, jewelry, etc.). **NO** TV sets, video games or laptop computers, PDAs, cell phones (no signal), radios, stereos, iPods, MP3s, tape or disc players. Any items found will be stored by staff until the last day of camp and returned only to the camper's parent or guardian. **ONLY** counselors may bring stereos, to be stored with the Activities Director when not being used for an approved activity. **No music in the cabins after 10 p.m.**
 - **Musical Instruments** – We assume no responsibility for damaged musical instruments. Orchestra & Symphony Students may lock up their instruments in the rehearsal room during afternoon & evening activities.
4. **Meals** – Please advise us if your child requires **special dietary need**, i.e. Vegan meal, non dairy, non meat. The camp is prepared to provide vegan meals. Please indicate on the registration form or notify us in writing before camp.
 5. **Snacks** – Campers should not bring excess candy, food, snacks, drinks, etc. We provide all of the above at our camp store. Food supplements or special dietary snacks should be registered and checked in with the camp nurse. As a safety & sanitation issue, campers are expected to dispose of litter appropriately. **We do not want to attract wildlife or insects, and need to show respect for the beautiful campground.**
 6. **Camp Store** – **NO** cash at camp. Name badges will be required to make your "purchases". We have included a store credit as part of the tuition payment. The store account will be maintained showing the camper's daily purchases. Campers are allowed 1 drink (soda, water) & 1 candy/snack per activity period per day. Campers will also be allowed an additional water bottle per day. This is a "**use-it or lose-it**" policy. Campers may not accrue snacks or beverages for another day.
 7. **Medical Concerns** – We have a Medical Director that must be notified of all medical needs, such as physical limitations for physical activity, medicine, asthma, etc. All medicines, whether prescription or not, must be placed in her custody & administered daily by the Medical Director. Campers may keep their asthma inhalers in their possession after registering with the Medical Director. Dehydration is possible at high elevations and exhibits flu-like symptoms, headaches, nausea, fever, etc. Remind your camper to bring a water bottle & **drink plenty of water DAILY.**
 8. **Camp T-Shirts** – The camp T-shirt is included in tuition. These will be the concert uniform with jeans, dark pants or skirts.
 9. **Photos & Concert** – DVDs & photos are included in tuition as a prized souvenir of your child's camp experience.
 10. **Transportation** – While SMMC does not assume liability or responsibility for transportation to or from camp, many parents & friends have indicated a willingness to transport children other than their own, provided parents fill out the permission slip on our registration form. If your child needs a ride either to go to camp or to return home, contact the camp office. We will put you in touch with a person willing to help out with transportation.
 11. **First Day-Sunday. June 20, 2010** – It is anticipated most parents will want to look around camp, so plan to

arrive between 9:00 & 11:00 a.m. Sunday. Orchestra students will be assigned their audition time on arrival. Registration begins at 9:00 a.m. **Please pack a picnic lunch for your family or a bag lunch for your camper.** The first meal served at camp will be **DINNER**. Following lunch, a group picture of the campers will be taken. Parents should plan to leave no later than 1:00 p.m. At that time, campers will attend orientation, have their first rehearsal, and begin their camp week.

12. **Last Day-Saturday, June 26, 2010** – Campers will eat a noon meal & then have a dress rehearsal concert. **Please do not arrive before 1:30 p.m.** We must clear the campground by 3:30 p.m.
13. **Concert-Sunday, June 27, 2010** – An essential part of our camp program, we have scheduled a formal concert at Fair Oaks Presbyterian Church in Fair Oaks. Please invite your friends & relatives. We need & expect every camper to participate. Please have your child at Fair Oaks Presbyterian Church **no later than 2:00 p.m.** for orientation & warm-up. The concert begins at 4 p.m. & will last approximately 2 hours. Please have your camper dressed in their **camp T-shirt & blue jeans** (clean, no holes, tears, or stains) or dark pants or skirt and clean shoes! Full details will be handed out on the last day of camp along with the camp pictures.
14. **Telephone Calls** – There are limited phone lines into camp. These must be kept clear for business & emergency purposes; parents may call campers **ONLY IN CASE OF EMERGENCY**. Do not give out numbers to camper's friends, please!! Diamond Arrow Camp Site Manager - (530) 265-3295. The camp pay phones are off limits to campers. Campers may call home only with the permission of the Medical Director. **NO cell phones or wireless devices under any circumstances. Any found will be stored until the end of the camp week.**
15. **Mail** – Campers *love* to receive mail! You can write to your camper, just be sure to *write early* to avoid delay in delivery. "Care" packages are also acceptable. In the bottom left hand corner, *put the dates your camper will be in camp.*

Camper's Name
Sierra Mountain Music Camp
C/O Diamond Arrow Christian Conference Center
15742 North Bloomfield Road
Nevada City CA 95959
(June 20 – June 26, 2010).

16. Please see "What to Bring" list for necessary supplies. Dollar stores are a great place to pick up necessities & sundries.

Please read the above rules with your child then **SIGN & RETURN** the ***Camp Rules, Policy & Assumption of Risk Contract*** with the ***Registration Form*** & the **SIGNED Medical Forms**. Thank you for your cooperation.

Keep a copy of this document for your records and reference.

I accept the stated camp policies and rules and agree to abide by them. I hereby release Sierra Mountain Music Camp and Diamond Arrow Christian Conference Center, their board members, employees and volunteers from a standard of absolute liability in the case of my camper's misconduct resulting in dismissal from camp.

Signature of parent/guardian

Printed name

Date

 Signature of parent/guardian

 Printed name

 Date

I understand and agree to abide by the restrictions placed on my camp activities.

Signature of staffer, counselor or minor camper

Printed name

Date



2010 Sierra Mountain Music Camp Policy & Assumption of Risk Contract

CAMP POLICY, LIMITATION OF LIABILITY AND PARENTAL ASSUMPTION OF RISK

Our goal is to make this a great camp, a memorable week and an OUTSTANDING musical experience. Toward that end, any camper demonstrating unruly, uncontrollable or disruptive behavior; possessing or using illegal/illicit drugs or alcohol; endangering self or others safety *will be sent home at parent expense with no refunds*. As this would not be fun for any of us, DO treat your fellow campers with respect and courtesy. DO observe the camp rules for your safety and comfort, and that of your fellow campers.

Sierra Mountain Music Camp will not be responsible for lost, destroyed or stolen property of campers. With the exception of orchestra student's instruments, ***ALL belongings will be left in the camper's cabins at their own risk!*** We will try to assist them in locating items and all items abandoned at the camp (including cash) will be brought to the camp office in Rancho Cordova and held for 1 month at which time they will be disposed of at our discretion.

_____ camper's initials _____parent's initials _____parent's initials

Sierra Mountain Music Camp reserves the right to use all photographs, videos and recordings of campers for brochures, websites, displays and publicity purposes, unless otherwise requested *in writing* by the camper's parent. Requests will be respected at the discretion of the Board of Directors.

_____ camper's initials _____parent's initials _____parent's initials

Ideally, children have two supervising parents at home, often a one on one ratio. While at camp we strive to have a one-to-four ratio, we cannot match the one on one degree of supervision and we must depend to some extent on camper discipline, self-control and obedience to camp rules and staff authority. It is imperative that before camp begins, both parents go over the enclosed policy and the rules with their camper, impressing them with their meaning and necessity. Regimented living and rules may seem like a limitation of freedom not yet experienced at home but is critical to their health, safety and well being at camp. It is incumbent on parents to determine if their children have sufficient maturity and discipline to conform to these requirements. I also agree that the camp nurse or camp director **may send home** any child for medical reasons, and that the camp director has the discretion to remove any person ***for any reason which jeopardizes the safety of any person or the peaceful conduct and enjoyment of the camp.***

_____ camper's initials _____parent's initials _____parent's initials

The Diamond Arrow Ropes Course, Climbing Wall, Archery Course, Offsite Hiking and Swimming Pool are, by their nature, physically demanding. Therefore all participants should only participate if they are free of medical or physical conditions which might create undue risk to themselves or to others who depend on them. Though great physical strength is not necessary for participation in any of these activities, good physical condition will enhance their experience. If there is any doubt whatsoever about your camper's ability to safely participate in these activities, you should have a physical examination by a doctor. I hereby recognize and acknowledge that neither Diamond Arrow Christian Conference Center nor Sierra Mountain Music Camp carry special health/hospital insurance or coverage for my child in the event he should sustain an accidental injury while participating in Adventure style camp activities. Participation is voluntary and requires parental permission prior to participation in such recreational activities. My child/camper may participate in the following:

- Ropes Course
 Climbing Wall
 Archery Course
 Offsite Hiking
 Swimming
 Slip & Slide
- _____ camper's initials _____parent's initials _____parent's initials

By signing this document, I also agree to commit my child to participating in the camp concert held at Fair Oaks Presbyterian Church in Fair Oaks, CA on Sunday, June 27, 2010. Concert attendance is imperative to the camper's self-esteem and the support of their peer group who have worked so hard toward this goal. I understand that arrangements can be made to house children who live outside the concert area and can contact the camp office to make such arrangements.

_____ camper's initials _____parent's initials _____parent's initials

I accept the stated limitation of liability and assumption of risk and assume the risks inherent in camp activities. I hereby release Sierra Mountain Music Camp and Diamond Arrow Christian Conference Center, their board members, employees and volunteers from a standard of absolute liability in the case of an accident, camper misconduct, or circumstances beyond camp staff's control.

Signature of parent/guardian Printed name Date

Signature of parent/guardian Printed name Date

I understand and agree to abide by the restrictions placed on my camp activities.

Signature of staffer, counselor or minor camper Printed name Date
